



Aquatics

Policy & Procedure Manual

4235 E. Beach Club Rd.
Port Clinton, OH 43452
419.797.4424
www.cicclub.com

General Pool Rules

- All members and guests must check -in with lifeguards.
- No one is allowed in the pool or to swim unless there is a lifeguard on duty.
- Proper swimming attire required (See Proper Swimming Attire);
- Swimmer must take a shower before entering the pool. Including after Lake swimming.
- NO RUNNING; No horseplay, pushing, pulling, or hitting anyone; No foul language.
- No excessive splashing. Splashing or any interference of the lifeguards is prohibited.
- Disrespectful behavior WILL NOT be tolerated. Violators may be banned from CIC pool facilities.
- Parents/Guardians must be responsible for their children at all times (See Age Requirements).
- If a swimmer is required to wear a US Coast Guard approved Life jacket, they are not allowed past safety rope, in deep water, or down the water slide. Please see the TEST.MARK.PROTECT. flyer for information.
- No food is permitted in the pool. GLASS IS PROHIBITED in ALL pool areas.
- Diving is prohibited.
- No smoking OR vaping on the pool deck.
- Persons with skin diseases, infections, or open sores are prohibited from using the pool; Persons wearing adhesive tape or bandages will not be permitted in the pool.
- No hanging on lane markers or safety lines.
- Personal equipment and toys must be used properly as intended. Items can be asked to be removed at any time.
- No water wings, rafts, or inflatable swim toys are permitted to be used in the pool.
- Lifeguards reserve the right to ask those who are visibly intoxicated to leave the pool area.
- We are not responsible for lost or stolen items.

Proper Swimming Attire

- One and two-piece bathing suits (thongs are not permitted).
- Swim trunks, speedos, and jammers are permitted.
- Swim wear may not be see-through or worn to the point of being inappropriate.
- No bras or underwear, cut off shorts, gym shorts, or boxers.
- Violators may not be permitted to swim.

Pool Area Age Requirements

- Children aged 6 and under must have a parent/guardian in the water with them.
- Children aged 7-10 must have a parent/guardian on the pool deck while in the pool area.
- Children aged 11-13 must have an adult on property with them while in the pool area.
- Children under the age of 13 who do not pass the swimming test MUST always wear a life vest in the pool.

Discipline for Minor Offenses Pertaining to General Pool Rules

- Safety is our top priority. To ensure the health and safety, as well as the enjoyment of our members, we have rules to be enforced. For minor offenses, the following will occur:
- A short whistle blast to gain the swimmer's attention will be blown. The swimmer will receive a verbal reminder of the rule being broken.

- If the swimmer again breaks the rule, the swimmer will be asked to sit out for a short period of time. This time allows the swimmer to think about the safety of others. *(About 1 minute per years of age)*
- If the swimmer again breaks the rule, they may be asked to leave the facility for the day.
- If the offense is more serious, the swimmer may not be able to return to Catawba Island Club facilities until a meeting has been set up to discuss this issue with the member.



Test. Mark. Protect.

Catawba Island Club is committed to providing a safe and enjoyable pool experience for all. To do so, all children aged 13 and under **must participate in a swimming skills assessment**. Red bands assist our lifeguards in keeping all of our swimmers safe. Lifeguards will gladly conduct one swim assessment per child per day when space and staffing are available. ***Catawba Island Club reserves the right to test all swimmers regardless of age and at their discretion.***

What is the swim test?

PLUNGE: Swimmer jumps in designated area of water that is over their head and easily returns to the surface

TREAD: Swimmer must tread water for a minimum of 30 seconds while keeping their ears and face above water

SWIM: Swimmer continues to swim two lengths of the pool unassisted and without resting. Swimmer maintains a horizontal body position while swimming both ways.

Who wears red wrist bands?

If the swimmer does pass the swim test, they will receive a red wristband. Swimmers without red bands must remain in the shallow ends of the pool with a life jacket and may not use the water slide. Swimmers aged 6 and under must remain within arm's reach of an adult (18+).

Please Note: If the red wristband swimmer is one on one with an adult (18+) and practicing swimming skills, a life jacket need not be worn. However, if the swimmer is *NOT* practicing skills and seen playing, they will be asked to wear a life jacket.